Grindstone Gap Campsite rev 12/4/2025

Of the twenty one backcountry campsites, 17 of them are located on the main Pine Mountain Trail. Grindstone Gap is located on the **white-blazed** Sawtooth Trail. To get to Grindstone Gap, you can go west on the PMT (south of GA Hwy 190) from Fox Den Cove Parking Lot and then hike east on the Sawtooth Trail about 1.9 miles.

If hiking from Mollyhugger Hill Parking Lot, go across GA 190 to the south and onto the PMT just a short ways, then hike right (west) on the Sawtooth Trail about 8/10 of a mile. The **sign (shown right)** for Grindstone Gap Campsite, is located in a bottom. The site is several hundred feet off the trail to the south in a nice flat area. Water is NOT reliable in warmer months and sometimes until December. IF water, it runs near the fire ring. At present time there is a/ only one rock fire ring. Like all camps, don't move-add to fire rings and camp within 50' of ring. ONLY BUILD A FIRE IF WATER is nearby to drown the fire BEFORE you leave the campsite. As you can see, there are some trees that could be used for hammocks. BUT, please fluff up leaves where you set up tents or hammocks before leaving camp (don't leave a bare spot).

In spring to early summer this is spring running right by Fire Ring

Fire Ring

Fire Ring view from south.

This sign is on west side of the spring at Grindstone reminding backpackers **TO NOT** camp on that side of the spring.

Sign at the West end of the Sawtooth Trail showing the way to Grindstone Gap